

	Yes	No	Age of Diagnosis
1. Are you age 50 or older?			
2. Have you ever had colon or rectal cancer or polyps?			
If yes, do you know whether the polyp was an adenoma or hyperplastic polyp? (circle appropriate type if known)			
Do you recall the date that the colon polyp was removed?			
Do you recall the name of the doctor that removed the colon polyp? _____ (physician's name)			
3. Do you have inflammatory bowel disease (Crohn's disease or ulcerative colitis)			
4. Has anyone in your family had colon or rectal cancer or polyps?			
If yes, please indicate which family members and the age they were diagnosed:			
Mother, Father, Child (circle individual(s) diagnosed)			
Sibling(s) (indicate number of siblings diagnosed)			
Grandmother(s)/Grandfather(s) (circle and indicate number of individual(s) diagnosed)			
Aunt(s)/Uncle(s) (circle and indicate number of individual(s) diagnosed)			

ST. FRANCIS COLORECTAL CANCER CENTER

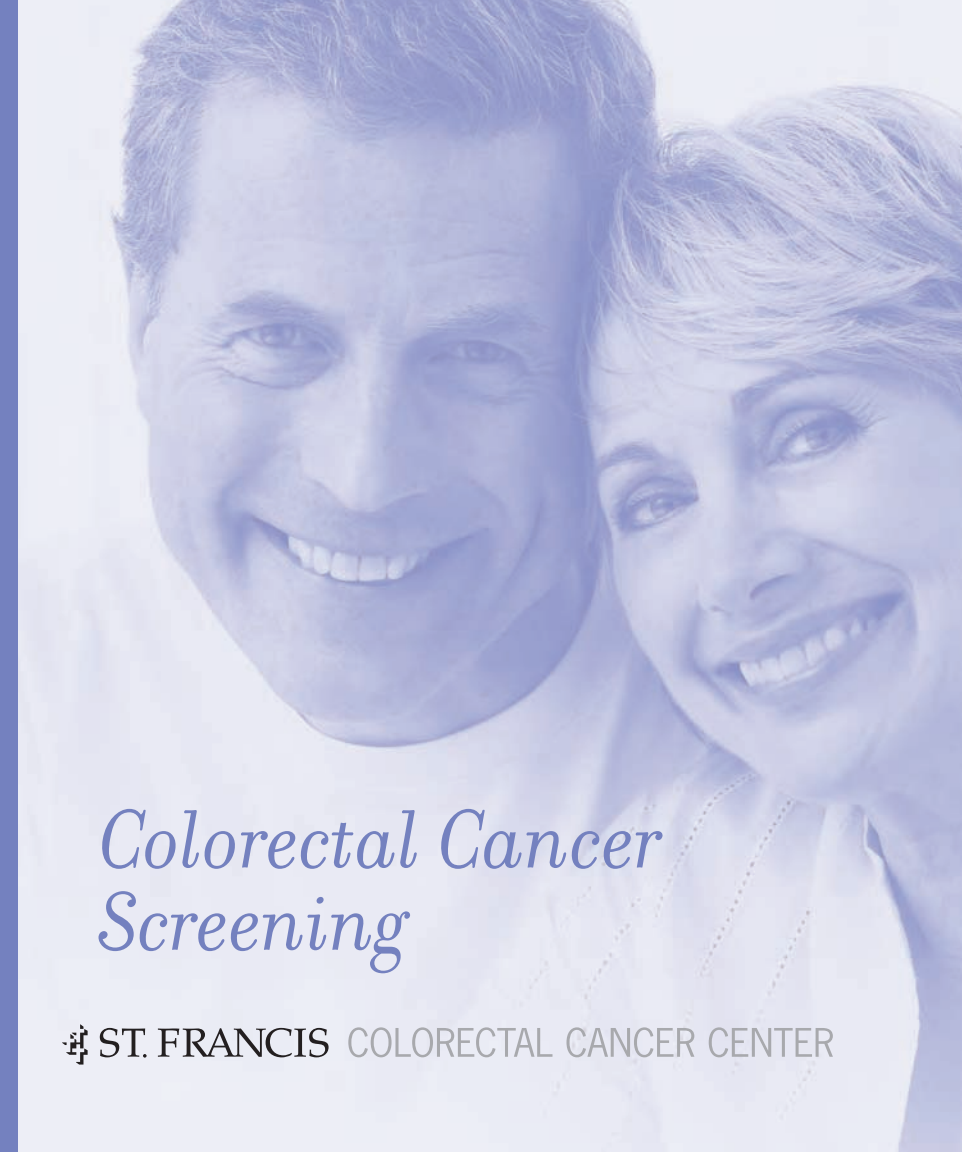
Colorectal Cancer Center, a Center of Excellence at St. Francis Hospital & Health Centers

The Colorectal Cancer Center is a multidisciplinary group of physician specialists experienced in and dedicated to the prevention and treatment of colorectal cancers. The physicians of the Colorectal Cancer Center meet regularly to review and discuss treatment plans, examine new developments in clinical and basic science that could be beneficial to patients, adhere to evidence-based guidelines and protocols for patient care, and seek to enroll patients in the latest clinical research protocols.

*Guidelines developed by the Colorectal Cancer Center, a Center of Excellence at St. Francis Hospital & Health Centers, are based on the guidelines recommended by the American Gastroenterological Association.



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Colorectal Cancer Screening

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Who Is At Risk? Should You Be Tested?

Every one of us is at risk for colon or rectal (colorectal) cancer. The majority of people who develop colorectal cancer have no known risk factors. The average risk for colorectal cancer is one out of 50 or 2 percent of the population. Although anyone can get colorectal cancer, it is most common among people over the age of 50. Women have a higher risk for colon cancer, while men are more likely to develop rectal cancer. People with certain risk factors should begin screening before age 50 or have screening more often. To determine your risk level for colorectal cancer, answer the questions in the chart to the best of your knowledge and give to your physician.

Early colon cancer often has no symptoms. But, later on, colon cancer symptoms may include rectal bleeding, stomach cramps, weight loss, a change in bowel habits, or chronic weakness or fatigue. If you experience any of these symptoms, see your doctor.

Colon Cancer Screening

To help diagnose colorectal cancer early, the Colorectal Cancer Center, a Center of Excellence at St. Francis Hospital & Health Centers, recommends the following screening options* for average risk individuals, listed in order of preference by the Center:

- Beginning at age 50, have a colonoscopy exam every 10 years; OR
- Beginning at age 50:
 - Have an annual screening with a stool blood test combined with a flexible sigmoidoscopy exam every 5 years, or
 - Get a double contrast barium enema, combined with a flexible sigmoidoscopy exam every 5 years
- If the above choices cannot be considered due to medical or insurance reasons, have an annual screening with a stool blood test, followed by a colonoscopy if positive.

Talk with your primary care physician to determine the screening test that is right for you.

Screening Is Easier Than Ever

Don't let pre-colonoscopy preparation discourage you from colonoscopy screening. Several new options are available for bowel cleansing that may be much easier to take, such as Moviprep solution and OsmoPrep or Visicol sodium phosphate tablets. Ask your physician about the newest options available that may be right for you.

For additional information or to schedule an appointment for a colorectal cancer screening with a Colorectal Cancer Center physician, call **1-866-910-HOPE (4673)**.

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